



bourne**mouth** 7s.

24 - 26 may 2019 (bank holiday weekend)

bourne**mouth** 7s festival - hockey information sheet

hockey timings & rules

- All games will be played according to the 2017 FIH Rules of Hockey, apart from specific Bournemouth 7s Rules.
- Captains MUST report to Hockey Control 10 minutes before their first game each day.
- All group games and finals are 12 minutes one way.
- If a team is late for a game it may result in a loss and 5-0 score line.
- Mixed teams will comprise of players from each sex with the umpire determining the fairness
- A Long Corner is taken from the half way line
- At Free Hits to the attacking side in their attacking half, all players other than the taker must be 5m from the ball. The ball must move 5m or be touched by a defender before it is played into the circle
- The 2 Players not defending at a penalty corner must retire to the other circle
- A deliberate offence by a defender in their own half is penalised by a penalty corner
- Green card is merely a warning; a yellow card is a minimum 2 minute suspension
- Ladies must take the first strike from a penalty corner in all Mixed Cups.

scoring

- 3 points for a win, 1 point for a draw.
- In the case of a tie on points the team with the best goal difference shall prevail and then goals scored.
- If there is still a tie, the winner of the group match between the tied teams will go through.
- If the group game was drawn, the teams concerned shall compete in a barrage of 5 penalty strokes followed, if necessary, by 'sudden death' penalty strokes.

injuries

- No extra time is allowed for injuries.
- Umpires will stop the game for an injury under normal rules which covers blood wounds and replacement players
- In the event of a serious injury, common sense must prevail. DO NOT MOVE THE PLAYER, alert Hockey Control immediately and wait for an official first aider.
- If the end of the game is called before play can safely continue, the score will stand at the time of stoppage.

player insurance

Bournemouth 7s accepts no responsibility for any injury caused by participating at the Festival, it is your own responsibility to source injury insurance and ensure you are covered to participate in any Festival competition.